

PROGRAMME SPECIFICATION

1. Key Information

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| Programme Title: | Sports Coaching Sports Coaching with Foundation Year |
| Awarding Institution: | Buckinghamshire New University |
| Teaching Institution(s): | Buckinghamshire New University |
| Subject Cluster: | Sport & Exercise Science |
| Award Title (including separate Pathway Award Titles where offered): | BA (Hons) Sports Coaching with Physical Education BA (Hons) Sports Coaching with Community Health and Physical Activity BA (Hons) Sports Coaching with Performance Sport BA (Hons) Sports Coaching with Business |
| Pathways (if applicable) | Physical Education Community Health and Physical Activity Performance Sport |
| FHEQ level of final award: | 6 |
| Other award titles available (exit qualifications): | Certificate of Higher Education Diploma of Higher Education BA Sports Coaching (or relevant pathway) |
| Accreditation details: | |
| Length of programme: | 3 years 4 years with Foundation Year |
| Mode(s) of Study: | Full Time |
| Mode of Delivery: | In person (on-site) delivery |
| Language of study: | English |
| QAA Subject Benchmark(s): | Events, hospitality, events, sports and tourism (2019) |
| Other external reference points (e.g. Apprenticeship Standard): | CIMSPA / Institute for Apprenticeships and Technical Education – Sports Coach standards |
| Course Code(s): | BASPCOFT / BASPCOFY |
| UCAS Code(s): | |
| Approval date: | 01/12/2022 |
| Date of last update: | |

2. Programme Summary

This degree is designed to provide exciting career opportunities if you have a keen interest in the development of sport and athletes at any level, or in community development through sport, and those who wish to develop and qualify as coaches or PE teachers. The programme

will combine a theoretical and practical approach to understanding and engaging with the community sport and coaching industries, which will allow you to develop strong, transferable academic and professional skills, and practice delivering sport to the community in a variety of projects, placements and volunteering opportunities. The course aims to stimulate you to employ a critical and politically informed lens to create culturally-aware, inclusive and reflective sport and physical activity strategists and coaches.

The Physical Education pathway will offer a route towards Qualified Teacher Status via a full time Postgraduate Certificate of Education or via School Centred Initial Teacher Training (SCITT), and will provide the knowledge and experience required for a successful application to teacher training. The programme focuses on the contextual and operational challenges facing the sport industry with an aim to developing learners who might engage with individuals, communities and organisations to promote participation opportunities, develop athletes, and contribute to the betterment of people's lives through sport. It will help you to establish and maintain networks, organise and run sport events and initiatives, and create, implement and evaluate important sport policy concerning such things as health, wellbeing, and social inclusion.

The programme is forward-looking and remains fully responsive to ongoing changes taking place in sport and physical activity, making full use of the combined industry and academic knowledge and experience of our dedicated staff and of our partnerships with public and private sector, local, national and international sport organisations. A variety of coaching qualifications and further professional development opportunities are embedded in the course.

3. Programme Aims and Learning Outcomes

Programme Aims

This programme aims to:

1. Produce culturally aware and accountable graduates who are inclusive and responsive to the diverse needs of the community
2. Provide students with knowledge and understanding of the external context in which sport, physical activity, and physical education take place
3. Enable students to confidently apply theory in the planning and delivery of sport, physical activity, physical education, and coaching sessions for positive outcomes at all levels of the sport development pyramid
4. Enable students to develop relationships / network with public and private sector sport industry and educational partners, and provide practical coaching opportunities in a range of settings including schools, extracurricular programmes, community groups, and sports clubs and teams
5. Foster a spirit of enquiry and equip students with the skills necessary for ethical, applied, and impactful research

Programme Learning Outcomes

Knowledge and Understanding (K)

On successful completion of the programme you will be able to:

| ID | Learning Outcome |
|----|--|
| K1 | Identify the unique features and needs of diverse social groups and the enablers and barriers for their engagement with sport and physical activity. |

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|-----------|---|
| K2 | Explain the roles, processes, and lines of reporting of key organisations and structures responsible for sport and physical activity. |
| K3 | Investigate social, political, economic, legal and ethical factors that impact on sports policy and processes and professional practice in sport and physical activity. |
| K4 | Describe scientific concepts and identify protocols for testing human performances in sport and physical activity. |
| K5 | Distinguish different pedagogies, approaches and leadership styles for delivering and improving performances in sport and physical activity. |

Analysis and Criticality (C)

On successful completion of the programme you will be able to:

| ID | Learning Outcome |
|-----------|--|
| C1 | Analyse, through researching and reflecting on, challenging theories and concepts of inclusion, equality and diversity in sport and physical activity and use these to understand sport participation needs. |
| C2 | Investigate theoretical and factual information that may impact on the strategic direction of sport and set objectives for sports coaching. |
| C3 | Measure the impact of ongoing and new sport and governmental policies and programmes. |
| C4 | Examine arguments, assumptions, abstract concepts and data, to make judgments or frame appropriate questions to achieve a solution, or identify a range of solutions to a problem. |

Application and Practice (P)

On successful completion of the programme you will be able to:

| ID | Learning Outcome |
|-----------|--|
| P1 | Design, promote and manage sport programmes that respond to identified needs. |
| P2 | Apply relevant coaching concepts and legislation to the planning and delivery of coaching sessions involving different forms of sport, exercise and movement and to a range of diverse participant groups. |
| P3 | Demonstrate competent coaching and teaching skills and techniques in a range of sport, exercise, and movement activities and to a range of diverse participant groups. |
| P4 | Apply effective management of group and individual behaviour to enable delivery of coaching sessions. |
| P5 | Determine the effectiveness of sports training through scientific principles. |

Transferable skills and other attributes (T)

On successful completion of the programme you will be able to:

| ID | Learning Outcome |
|-----------|--|
| T1 | Apply personal responsibility and reflective practice to identify professional development needs within the context of life-long learning. |

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|-----------|--|
| T2 | Review and synthesise information from a range of academic, industry, and other sources. |
| T3 | Use relevant software packages to collect, format, analyse, interpret, apply, and present different forms of data. |
| T4 | Design, conduct, justify, and present research which is informed by a research problem within the field. |
| T5 | Communicate information clearly and coherently in a range of forms relevant to intended audiences. |

Graduate Attributes

The BNU Graduate Attributes of: Knowledge and its application; Creativity; Social and ethical awareness and responsibility; and Leadership and self-development focus on the development of innovative leaders in professional and creative capacities, who are equipped to operate in the 21st Century labour market and make a positive impact as global citizens.

On this programme, attributes are developed through the acquisition of critical knowledge of sociology, psychology, pedagogy, policy, and human sciences (K1-5, C1, C3, C4) and its applications for improving the health and wellbeing and sport and physical activity performances of community groups and athletes (C2, P1-5). Inclusive professional practice and standards, including critical reflective practice, strong communication, leadership abilities, ethics and safeguarding will be developed through hands-on coaching, pedagogic and sport development work (K2, K3, T1, T3, T5, P1-5). Project work and other coursework will foster a spirit of enquiry and critical analytical and synthesis skills (C1, C3, C4, T2, T4).

4. Entry Requirements

The University's [general entry requirements](#) and a tariff of 88 UCAS points will apply to admission to this programme with the following additions / exceptions:

- Students must have a strong GCSE profile, including English and Maths at Level 4/Grade C, or equivalent. Other qualifications, including overseas, may be considered. Applicants for whom English is a second language should have achieved IELTS 6 or equivalent for entry into Level 4.

If you do not meet the entry requirements you may, if you have relevant professional experience, still be invited for interview, where you will be required to demonstrate the necessary knowledge and understanding for entry onto the course.

Previous study, professional and / or vocational experiences may be recognised as the equivalent learning experience and permit exemption from studying certain modules in accordance with our [accreditation of prior learning](#) (APL) process.

5. Programme Structure

BA (Hons) Sports Coaching with Physical Education

| Level | Modules (Code, Title and Credits) | Exit Awards |
|------------------------------------|---|--|
| Foundation Year¹ | <p>Core modules: FY026 Preparing for Success: Knowledge and Creativity FY027 Preparing for Success: Self Development and Responsibility FY028 Inquiry Based Learning FY012 Introduction to Sport Development and Performance</p> <p>Option modules: No option modules are available at this level.</p> | N/A. No credit is awarded at this Level. |
| Level 4 | <p>Core modules: Introduction to Coaching (20 credits) Introduction to Research in Sport (20 credits) Sport in Society (20 credits) Introduction to Sport and Exercise Psychology (20 credits) Human Systems and Movement (20 credits)</p> <p>Opportunity modules: You must choose 2 x 10 credit Level 4 Opportunity modules from the Opportunity module catalogue www.bnu.ac.uk/oppmodules</p> | Certificate of Higher Education, awarded on achievement of 120 credits at Level 4 |
| Level 5 | <p>Core modules Coaching and Pedagogy in Practice (20 credits) Inclusive Practice in Sport and Physical Activity (20 credits) Performance Analysis (20 credits) Research Methods (20 credits) Applied Physical Education (20 credits) Working in Physical Education (20 credits)</p> | Diploma of Higher Education, awarded on achievement of 240 credits, including a minimum of 120 credits at Level 5 |

¹ Modules on the Foundation Year only apply to learners who are enrolled on the “with Foundation Year” programme.

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|----------------|--|--|
| Level 6 | <p>Core modules: Coaching Leadership (20 credits) Extended Independent Work (40 credits) Contemporary Issues in Sport and Physical Education (20 credits) Psychology of Physical Education and Youth Sport (20 credits)</p> <p>Option modules (choose 20 credits from):</p> <p>Skills Acquisition (20 credits) Skills in Leadership, Enterprise and Small Business (20 credits)</p> | <p>Ordinary Degree, awarded on achievement of 300 credits, including 60 credits at Level 6 and 120 credits at each of Levels 4 and 5</p> <p>Honours Degree, awarded on achievement of 360 credits, including 120 credits at each of Levels, 4, 5 and 6</p> |
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Please note: Not all option modules will necessarily be offered in any one year. Other option modules may also be introduced at a later stage enabling the programme to respond to changes in the subject area.

BA (Hons) Sports Coaching with Community Health and Physical Activity

| Level | Modules (Code, Title and Credits) | Exit Awards |
|------------------------------------|---|---|
| Foundation Year² | <p>Core modules: FY026 Preparing for Success: Knowledge and Creativity FY027 Preparing for Success: Self Development and Responsibility FY028 Inquiry Based Learning FY012 Introduction to Sport Development and Performance</p> <p>Option modules: No option modules are available at this level.</p> | N/A. No credit is awarded at this Level. |
| Level 4 | <p>Core modules: Introduction to Coaching (20 credits) Introduction to Research in Sport (20 credits)</p> | Certificate of Higher Education , awarded on achievement of 120 credits at Level 4 |

² Modules on the Foundation Year only apply to learners who are enrolled on the “with Foundation Year” programme.

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|----------------|--|--|
| | <p>Sport in Society (20 credits) Introduction to Sport and Exercise Psychology (20 credits) Human Systems and Movement (20 credits)</p> <p>Opportunity modules: You must choose 2 x 10 credit Level 4 Opportunity modules from the Opportunity module catalogue www.bnu.ac.uk/opmodules</p> <p>Option modules: No option modules are available at this level.</p> | |
| Level 5 | <p>Core modules Coaching and Pedagogy in Practice (20 credits) Inclusive Practice in Sport and Physical Activity (20 credits) Performance Analysis (20 credits) Research Methods (20 credits) Physical Activity and Sport in the Community (20 credits) Working in Community Sport and Physical Activity (20 credits)</p> | <p>Diploma of Higher Education, awarded on achievement of 240 credits, including a minimum of 120 credits at Level 5</p> |
| Level 6 | <p>Core modules: Coaching Leadership (20 credits) Extended Independent Work (40 credits) Contemporary Issues in Sport and Physical Education (20 credits) Strategies in Sport (20 credits)</p> <p>Option modules (choose 20 credits from): Skills Acquisition (20 credits) Skills in Leadership, Enterprise and Small Business (20 credits)</p> | <p>Ordinary Degree, awarded on achievement of 300 credits, including 60 credits at Level 6 and 120 credits at each of Levels 4 and 5</p> <p>Honours Degree, awarded on achievement of 360 credits, including 120 credits at each of Levels, 4, 5 and 6</p> |

Please note: Not all option modules will necessarily be offered in any one year. Other option modules may also be introduced at a later stage enabling the programme to respond to changes in the subject area.

BA (Hons) Sports Coaching with Performance Sport

| Level | Modules (Code, Title and Credits) | Exit Awards |
|------------------------------------|---|---|
| Foundation Year³ | <p>Core modules: FY026 Preparing for Success: Knowledge and Creativity FY027 Preparing for Success: Self Development and Responsibility FY028 Inquiry Based Learning FY012 Introduction to Sport Development and Performance</p> <p>Option modules: No option modules are available at this level.</p> | N/A. No credit is awarded at this Level. |
| Level 4 | <p>Core modules: Introduction to Coaching (20 credits) Introduction to Research in Sport (20 credits) Sport in Society (20 credits) Introduction to Sport and Exercise Psychology (20 credits) Human Systems and Movement (20 credits)</p> <p>Opportunity modules: You must choose 2 x 10 credit Level 4 Opportunity modules from the Opportunity module catalogue www.bnu.ac.uk/oppmodules</p> <p>Option modules: No option modules are available at this level.</p> | Certificate of Higher Education , awarded on achievement of 120 credits at Level 4 |
| Level 5 | <p>Core modules Coaching and Pedagogy in Practice (20 credits) Inclusive Practice in Sport and Physical Activity (20 credits) Performance Analysis (20 credits) Research Methods (20 credits) Performance Monitoring and Testing (20 credits) Approaches to Applied Sport and Performance Psychology (20 credits)</p> | Diploma of Higher Education , awarded on achievement of 240 credits, including a minimum of 120 credits at Level 5 |
| Level 6 | <p>Core modules: Coaching Leadership (20 credits)</p> | Ordinary Degree , awarded on achievement of 300 credits, including |

³ Modules on the Foundation Year only apply to learners who are enrolled on the “with Foundation Year” programme.

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|--|--|---|
| | <p>Extended Independent Work (40 credits) Contemporary Issues in Sport and Physical Education (20 credits) Training, Recovery & Nutrition in Sports Performance (20 credits)</p> <p>Option modules (choose 20 credits from):</p> <p>Skills Acquisition (20 credits) Skills in Leadership, Enterprise and Small Business (20 credits)</p> | <p>60 credits at Level 6 and 120 credits at each of Levels 4 and 5</p> <p>Honours Degree, awarded on achievement of 360 credits, including 120 credits at each of Levels, 4, 5 and 6</p> |
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Please note: Not all option modules will necessarily be offered in any one year. Other option modules may also be introduced at a later stage enabling the programme to respond to changes in the subject area.

BA (Hons) Sports Coaching with Business

| Level | Modules (Code, Title and Credits) | Exit Awards |
|------------------------------------|---|---|
| Foundation Year⁴ | <p>Core modules: FY026 Preparing for Success: Knowledge and Creativity FY027 Preparing for Success: Self Development and Responsibility FY028 Inquiry Based Learning FY012 Introduction to Sport Development and Performance</p> <p>Option modules: No option modules are available at this level.</p> | N/A. No credit is awarded at this Level. |
| Level 4 | <p>Core modules: Introduction to Coaching (20 credits) Introduction to Research in Sport (20 credits) Sport in Society (20 credits) Introduction to Sport and Exercise Psychology (20 credits) Human Systems and Movement (20 credits)</p> <p>Opportunity modules:</p> | Certificate of Higher Education , awarded on achievement of 120 credits at Level 4 |

⁴ Modules on the Foundation Year only apply to learners who are enrolled on the “with Foundation Year” programme.

| | | |
|----------------|---|--|
| | You must choose 2 x 10 credit Level 4 Opportunity modules from the Opportunity module catalogue www.bnu.ac.uk/oppmmodules | |
| Level 5 | <p>Core modules</p> <p>Coaching and Pedagogy in Practice (20 credits)</p> <p>Inclusive Practice in Sport and Physical Activity (20 credits)</p> <p>Performance Analysis (20 credits)</p> <p>Research Methods (20 credits)</p> <p>Sport Business Management (20 credits)</p> <p>Working in Sports Business (20 credits)</p> | <p>Diploma of Higher Education, awarded on achievement of 240 credits, including a minimum of 120 credits at Level 5</p> |
| Level 6 | <p>Core modules:</p> <p>Coaching Leadership (20 credits)</p> <p>Extended Independent Work (40 credits)</p> <p>Contemporary Issues in Sport and Physical Education (20 credits)</p> <p>Sport Enterprise and Leadership (20 credits)</p> <p>Option modules (choose 20 credits from):</p> <p>Skills Acquisition (20 credits)</p> <p>Skills in Leadership, Enterprise and Small Business (20 credits)</p> | <p>Ordinary Degree, awarded on achievement of 300 credits, including 60 credits at Level 6 and 120 credits at each of Levels 4 and 5</p> <p>Honours Degree, awarded on achievement of 360 credits, including 120 credits at each of Levels, 4, 5 and 6</p> |

Please note: Not all option modules will necessarily be offered in any one year. Other option modules may also be introduced at a later stage enabling the programme to respond to changes in the subject area.

6. Learning, Teaching and Assessment

Learning and teaching

BA (Hons) Sports Coaching and all of its pathways aim to provide a balanced programme of study that equips students with industry knowledge and experience, academic and cognitive, and critical and transferrable skills, which will create culturally aware, prepared and responsive graduates. The course is underpinned by classroom-based, in-person teaching of current theory, concepts and research, delivered through a blend of lectures, interactive seminars and workshops, small-group activities and debates and supported at every stage by e-learning material. Throughout the three levels of study students are encouraged and enabled to form relationships with external partners including local, regional, national and international, to build networks in the longer term and essential vocational knowledge and experience in the shorter term.

Learners are encouraged to become increasingly more independent in their learning as the course progresses. At Level 4, students are provided knowledge of the sports coaching, sports development, and physical education industries in lectures and undertake related discussion and exercises in seminars and workshops where they receive guidance and support from module tutors. Students undertake entry-level coaching qualifications under the guidance of some of our industry partners and engage in practical coaching activities under the supervision of qualified lecturing staff. They will 'learn to learn' by exploring the basics of enquiry and evidence-based writing as well as inter- and intra-personal skills in leadership and teamwork. Learners are provided the foundation for developing the knowledge and skills required of all elements of the course and for life-long learning. Students are further introduced to functional tools for working in industry and the initial stimulation of critical, cognitive abilities alongside introductory knowledge of the sports coaching, sport development, and physical education industries and a foundation in psychology and human sciences to support effective coach development, using our state-of-the-art psychology and human performance laboratories.

At Level 5, students are expected to take a more active role in their own learning and future careers, to apply theoretical knowledge and to show deeper understanding as the complexity of the issues covered in modules increases. Applied research becomes interwoven with community-based learning where students employ the theory to develop, manage and evaluate 'real world' initiatives and projects in a number of modules and place a strong emphasis on continuing professional development, especially through placements. All students are expected to complete at least 40-hours of work experience/placement activity relevant to their chosen pathway and to reflect on this as part of their continuing professional development. The School of Human and Social Sciences continuously pursues new partnerships optimising opportunities to enhance the student experience and promote experiential learning, and these partnerships may be exploited by students seeking placement opportunities. Also at Level 5, students will be prepared for their research project, in which they will have the opportunity to draw all conceptual, vocational, and research elements of the course together via a major independent study. Coaching theory and practical coaching skills are advanced with a focus on the growth and development of athletes through nuanced pedagogic approaches, and students can achieve a Level 2 equivalent coaching award. As in Level 4, modules are delivered through a blend of lectures, interactive seminars, workshops, small-group activities and debates, and coaching practicals, and are supported by e-learning material delivered through the VLE, with specific learning and teaching approaches determined at modular level.

At Level 6 the focus turns to the macro-environment for coaching, sport development, and physical education, especially strategic thinking, leadership abilities, and external environmental factors influencing practice. The broader approach to teaching and learning at Level 6 is aligned to independent learning and the students' ability to critically review and analyse, synthesise and evaluate the information at their disposal in order to make informed and self-assured decisions for a more inclusive and socially conscious sports world. The aforementioned research project provides further opportunity for students to develop autonomous working practices, where they are challenged to plan, design, execute and disseminate a significant piece of work. Students will have access to the psychology and human performance laboratories, library services, and the networks they have developed to help them in this endeavour.

Assessment

As per the teaching and learning strategy, the specific assessment methods are determined at modular level, but are designed to reflect the course aims and learning outcomes, to equip students with industry knowledge and experience, academic and cognitive, and critical and transferrable skills, which will create culturally aware, prepared and responsive graduates for an inclusive and socially conscious sport industry. To this end, while there is a varied diet of assessment at all three levels, it is predominantly based on coursework and practical assessments and, where possible, is designed to mirror 'real world' coaching, sport development, or physical education activities, such as designing, implementing and evaluating coaching programmes and community initiatives, applying for funding, appraising policy, and reflecting on practice. All modules will include feedforward opportunities and ample time for assessment preparation; feedback on all assessments will place emphasis on progression.

Contact Hours

Learners can expect to receive approximately 12 hours of scheduled learning activities per week per term. This may include lectures, seminars, workshops, practicals, or placement hours. A full breakdown of contact hours can be found in individual module descriptors.

7. Programme Regulations

This programme will be subject to the following assessment regulations:

- Academic Assessment Regulations

8. Support for learners

The following systems are in place to support you to be successful with your studies:

- The appointment of a personal tutor to support you through your programme
- A programme handbook and induction at the beginning of your studies

- Library resources, include access to books, journals and databases - many of which are available in electronic format – and support from trained library staff
- Access to Blackboard, our Virtual Learning Environment (VLE), which is accessible via PC, laptop, tablet or mobile device
- Access to the MyBNU portal where you can access all University systems, information and news, record your attendance at sessions, and access your personalised timetable
- Academic Registry staff providing general guidance on University regulations, exams, and other aspects of students and course administration
- Central student services, including teams supporting academic skills development, career success, student finance, accommodation, chaplaincy, disability and counselling
- Support from the Bucks Students' Union, including the Students' Union Advice Centre which offers free and confidential advice on University processes.

9. Programme monitoring and review

BNU has a number of ways for monitoring and reviewing the quality of learning and teaching on your programme. You will be able to comment on the content of their programme via the following feedback mechanisms:

- Formal feedback questionnaires and anonymous module 'check-ins'
- Participation in external surveys
- Programme Committees, via appointed student representatives
- Informal feedback to your programme leader

Quality and standards on each programme are assured via the following mechanisms:

- An initial event to approve the programme for delivery
- An annual report submitted by the External Examiner following a process of external moderation of work submitted for assessment
- The Annual Monitoring process, which is overseen by the University's Education Committee
- Review by the relevant PSRB(s)
- Periodic Subject Review events held every five years
- Other sector compliance and review mechanisms

10. Internal and external reference points

Design and development of this programme has been informed by the following internal and external reference points:

- The Framework for Higher Education Qualifications (FHEQ)
- The QAA Subject Benchmark Statement for Events, Hospitality, Leisure, Sport and Tourism (https://www.qaa.ac.uk/docs/qaa/subject-benchmark-statements/subject-benchmark-statement-events-leisure-sport-tourism.pdf?sfvrsn=c339c881_11) – see detailed mapping below
- The BNU Qualifications and Credit Framework
- The BNU Grading Descriptors
- The University Strategy

Mapping of Subject Benchmark Statement and any relevant Apprenticeship Standard to Programme Learning Outcomes;

| Subject Benchmark Statement / Apprenticeship Standard: | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| Make effective use of knowledge and understanding of the disciplines underpinning human structure and function | | | | X | | | | | X | | | | | X | | | | X | |
| Critically appraise and evaluate the effects of sport and exercise intervention on the participant | | | | | X | | | | | | | | | X | | | X | X | |
| Demonstrate the skills required to monitor and evaluate human responses to sport, exercise and/or rehabilitation | | | | | | | | | | | | | | X | | | X | X | |
| Critically appreciate the relationship between sport and exercise activity and intervention in a variety of | X | | | | | | | | | | | | | | | | | X | |

| Subject Benchmark Statement / Apprenticeship Standard: | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| participant groups; this could include special populations such as older adults, disabled people, people with a chronic disease and children | | | | | | | | | | | | | | | | | | | |
| Demonstrate a critical insight into the organisations and structures responsible for sport, the political ramifications arising from these and their impact on the funding and delivery of sport | | X | | | | X | X | X | X | | | | | | | | | X | |
| Employ social, economic and political theory to explain the development and differentiation of sport throughout society | | | X | | X | X | | X | | | | | | | | X | | X | |
| Demonstrate the application of the social and cultural meanings attached to sport and their | X | | X | | | X | X | | X | | | | | | | X | | X | |

| Subject Benchmark Statement / Apprenticeship Standard: | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|---|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| impact on participation and regulation | | | | | | | | | | | | | | | | | | | |
| Monitor, analyse, diagnose and prescribe action to enhance the learning and performance of the component elements of sport, including, where appropriate, injury diagnosis and treatment, in ways underpinned by current research | | | | | | | | | | X | X | | | | | | | X | X |
| Evidence the skills required to monitor and evaluate sports performance in laboratories and/or field settings | | | | X | | | | | | | X | | | X | | | X | X | |
| Display a critical appreciation of the integration of the variables involved in the delivery (teaching, instructing and coaching) | X | | | X | X | X | X | X | X | X | X | X | X | X | X | X | | X | X |

| Subject Benchmark Statement / Apprenticeship Standard: | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|---|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| of enhanced sport performance | | | | | | | | | | | | | | | | | | | |
| Understand and apply the theories, concepts and principles of practice from the generic management areas of operations, finance, human resources, economics and marketing to sports facilities and events in the voluntary, public and private sector | | | | | | | | X | | X | | | | | | | | X | |
| Employ strategic planning and development planning skills in analysing, understanding and addressing the development needs and intentions of sport organisations and communities | X | X | X | | | X | X | X | X | X | | | | | | | | X | |
| Demonstrate a critical appreciation of sport development and | X | X | X | | X | X | | X | | X | X | X | X | X | | | | X | X |

| Subject Benchmark Statement / Apprenticeship Standard: | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| Benchmark / Standard requirement | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| facilitation principles in at least one vocational context | | | | | | | | | | | | | | | | | | | |

Mapping of Programme Learning Outcomes to Modules

| Programme Learning Outcome | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| Level 4 | | | | | | | | | | | | | | | | | | | |
| Introduction to Coaching | | | | | X | | | | | X | X | X | X | | | | | | X |
| Sport in Society | X | X | X | | | | | X | | | | | | | | X | | | |
| Introduction to Sport and Exercise Psychology | X | | | X | X | | X | | X | | | | | | | | | | |
| Introduction to Research in Sport | | | | | | | | | | | | | | | | X | X | X | X |
| Human Systems and Movement | | | | X | | | | | X | | | | | X | | | X | | |
| Level 5 | | | | | | | | | | | | | | | | | | | |
| Coaching and Pedagogy in Practice | X | | | | X | X | | | | X | X | X | X | | | X | | | X |
| Inclusive Practice in Sport and Physical Activity | X | X | X | | | X | X | X | X | X | | | | | | X | | | |
| Approaches to Applied Sport and Performance Psychology | | | | X | | | | X | X | | | | | X | X | X | | | |
| Performance Analysis | | | | X | X | | | | | | | | | X | | | X | | |
| Research Methods | | | | X | | | | | X | | | | | | | X | X | X | X |
| Applied Physical Education | X | X | X | | | X | | X | X | | X | | | | X | | | | |

| Programme Learning Outcome | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|
| | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| Physical Activity and Sport in the Community | X | X | X | | | | X | X | X | X | X | X | X | | | X | | | |
| Sport Business Management | | X | X | | | | X | X | X | | | | | | | X | | | |
| Performance Monitoring and Testing | | | | X | | | | | X | | | | | X | | | X | | |
| Working in Physical Education | | | X | | X | | | X | | X | | | | | X | | | | |
| Working in Community Sport and Physical Activity | | | X | | X | | | X | | X | | | | | X | | | | |
| Working in Sports Business | | | X | | X | | | X | | X | | | | | X | | | | |
| Level 6 | | | | | | | | | | | | | | | | | | | |
| Coaching Leadership | | | | | X | | X | | X | | X | | X | | X | X | | | X |
| Strategies in Sport | | X | X | | X | | X | X | X | X | | | | | | X | | | |
| Psychology of Physical Education and Youth Sport | X | | | | X | | | X | X | X | | | | X | | X | | | |
| Extended Independent Work | | | | | | | | | X | | | | | | | X | X | X | |
| Skills Acquisition | | | | X | X | | X | | X | | | | | | | X | | | |

| Programme Learning Outcome | Knowledge and understanding (K) | | | | | Analysis and Criticality (C) | | | | Application and Practice (P) | | | | | Transferable skills and other attributes (T) | | | | | |
|--|---------------------------------|----|----|----|----|------------------------------|----|----|----|------------------------------|----|----|----|----|--|----|----|----|----|----|
| | Module Code (Core) | K1 | K2 | K3 | K4 | K5 | C1 | C2 | C3 | C4 | P1 | P2 | P3 | P4 | P5 | T1 | T2 | T3 | T4 | T5 |
| Contemporary Issues in Sport and Physical Education | | X | X | | | | X | X | X | X | | | | | | | X | | | |
| Training, Recovery & Nutrition in Sports Performance | | | | X | | | | | | X | | | | | X | | X | X | | |
| Skills in Leadership, Enterprise and Small Business | | | X | | | | | | X | | | | | | | X | | | | |
| Sport Enterprise and Leadership | | | X | | | | | X | X | X | X | | | | | | X | | | |